

# Community Mental Health Transformation

STOCKTON-ON-TEES

Join In The Conversation Visit  
[slido.com](https://www.slido.com)



Joining as a participant?

# 1477815



# Introduction



In 2021, funding was secured to initiate mental health transformation for Tees Valley.



Healthwatch led and supported feedback from local communities for the infrastructure of mental health services (2021).



Following the community groups consultation exercise across all five Local Authority areas, recommendations were presented as part of Community Mental Health Transformation work.



Have you heard about Community Mental Health Transformation already?

Traffic Lights!

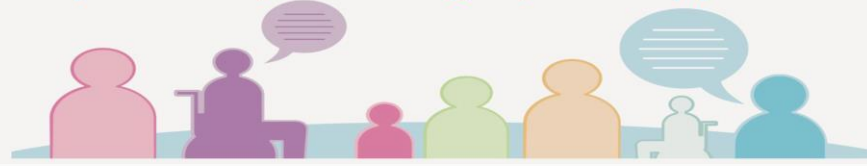


**WELLBEING  
HUB**  
STOCKTON-ON-TEES

**Lived Experience Voice in Designing Services is critical to the  
Community Transformation work for Stockton**



**Engaging people with lived experience:**  
best practice, challenges, and opportunities



# Ensuring that Lived Experience Voices

are always involved as key partners and decision makers at all levels

*Enable the building of trusting and good relationships with opportunities to:*

- feel safe to challenge
- hold the transformation steering group to account to ensure the aims of the Community Mental Health Transformation (CMHT) agenda are supported
- create partnership between service and communities to deliver new and/ or improved services
- ensure all voices, thoughts and opinions are heard and developed within the CMHT planning and outcomes

**Creating valued relationships, lived experience representatives and peer support for each other across Stockton**

# Key Deliverables October 2022 - February 2024



## Mapping Resource



Mapped and developed relationships across Stockton for those operating in services that require mental health support

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## Appointed a Well Being Hub Project Manager

Catalyst Stockton (Strategic infrastructure organisation for the borough of Stockton-on-Tees) hosting

## Community First and Increased Capacity of the VCSE Sector

Ability to gain valuable insight in understanding local need

Composed the Community Mental Health Transformation Service Specification with *an invite to tender*



5

# Providers

Procured providers to enable greater capacity of the VCSE sector to support those requiring mental health services and form part of the formal partnership



# Key Deliverables October 2022 - February 2024

## Information Sharing

Pathways document completed in collaboration with VCSE services and core community mental health transformation members

- to identify the inbound and outward processes for referrals in line with governance and accountability, and
- create a deeper confidence and understanding of the Wellbeing Hub processes for future referral purposes.



## Supporting Individuals

Integral part of Virtual Huddle decisionmaking

- making recommendations including attendance (Housing (SBC and Thirteen), Vulnerabilities Midwife, Health, Harbour Mental Health Worker, 5 Providers
- identified gaps for future working
- supported the terms of reference and information sharing agreement for the huddle moving towards the physical Wellbeing Hub

# Single Referral Form for All Agencies



**WELLBEING HUB**  
STOCKTON-ON-TEES

**Welcome to Services**

**We will do our best to help!**

Name:	D.O.B:
Address:	
Postcode:	Telephone Number:
Email Address:	GP Surgery:
NHS Number (if known):	GP Name:

Reason for coming to talk to us today?
What's happening at the minute?
Who are you engaging with or seeing regularly, and what's working well? (this will enable us to build a clearer picture of your current support). e.g. Voluntary Sector, Wellbeing Services, Drug and Alcohol, Social Care, Mental Health Services
Any other information? Please include any risk or safeguarding information.
What would you like to achieve from coming today and the support that is offered?
Accessibility Information (Communication/Physical Difficulties) this could be support with reading, writing, getting about.
Do you agree that we can discuss and share your information with all other organisations we work with to better support you? <b>YES</b> <b>NO</b>
Signed (person support will be provided to):
Date:
Name of person completing this form:
Organisation:
Contact Details:

- ## Information Sharing and Collaboration
- Led on the development and completion of sharing agreements
  - Created a single shared form for all agencies delivering holistic person-centred care as part of the virtual huddle





# Coming Soon to Wellington Square

- Developed, steered and completed a Wellbeing Hub Service Specification
- Partnership agreement developed and completed collaboratively with representatives of partners co-locating together
- All 5 providers delivering peer support within communities will offer activities within the Wellbeing Hub once open



# Measuring Success

Qualitative and quantitative methods  
including:

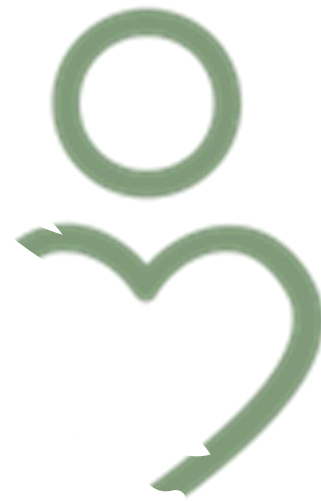
Footfall

Case Studies

Impact

Evaluations

Data Collection



**WELLBEING  
HUB**  
STOCKTON-ON-TEES

# Thank you for listening

Do you want to know more about the Hub once it's open?

Will you visit and share your services with people coming into the Hub?

Would you like any further information?

Contact me:

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