



Teeswide Safeguarding Adults Board Newsletter

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News from TSAB

Since our last newsletter, TSAB has met virtually on 13th September and 11th October. Minutes are published on the [TSAB Website](#) retrospectively following sign-off at the next meeting.

Agenda highlights included:

- Discussion and sign off of the TSAB Annual Report 2022-23
- Overview from the Board's Performance and Quality Sub-Group on the End of Year TSAB Performance Report 2022/23 & Q1 2023/24 Performance Report
- Sign off of the new High Risk Adults Panel (HRAP) to replace the Team Around the Individual (TATI) Panel
- Sign off and presentation from the Independent Author of the James and SK Safeguarding Adult Review (SAR) Reports highlighting the learning across Tees as well as best practice
- Presentation of the Right Care, Right Person approach from Cleveland Police

Recently Refreshed Documents:

[Practice Guidance for Reporting Medication Incidents Into Safeguarding](#)

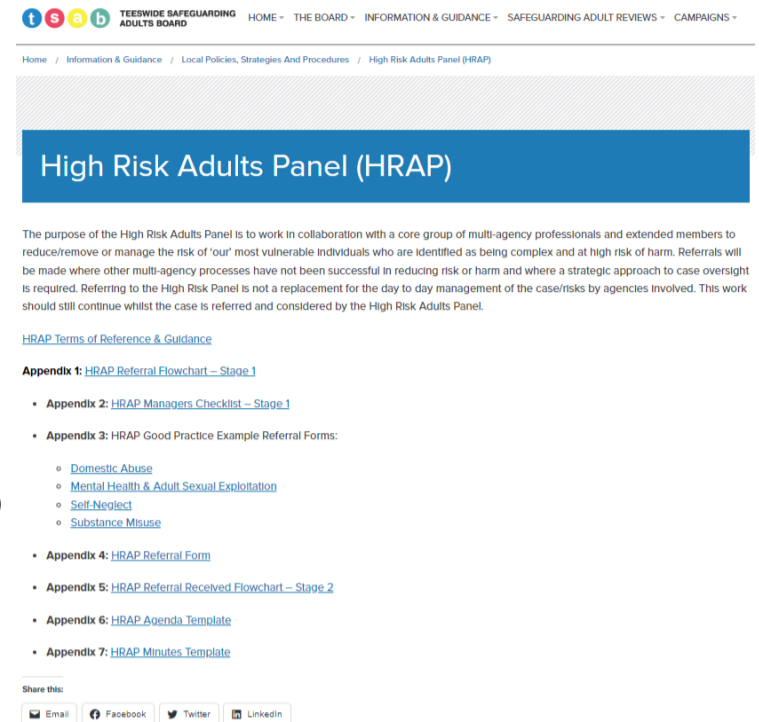
All of [TSAB's Policy, Procedures and Guidance documents](#) can be found on our dedicated webpage.

NEW - HRAP - process for supporting our most vulnerable people in Tees

Formerly known as the Team Around the Individual (TATI) Panel the new High Risk Adults Panel (HRAP) will replace TATI and will be launched in Hartlepool, Middlesbrough, Redcar & Cleveland and Stockton-on-Tees on **Monday 6 November 2023**.

HRAP is an escalation process and aims to work in collaboration with a core group of multi-agency professionals and extended members to reduce/remove or manage the risk of 'our' most vulnerable individuals who are identified as being complex and at high risk of harm.

From the **6th November 2023** professionals should refer to the new [HRAP Webpage](#) where you will find the Terms of Reference, guidance and supporting documents.



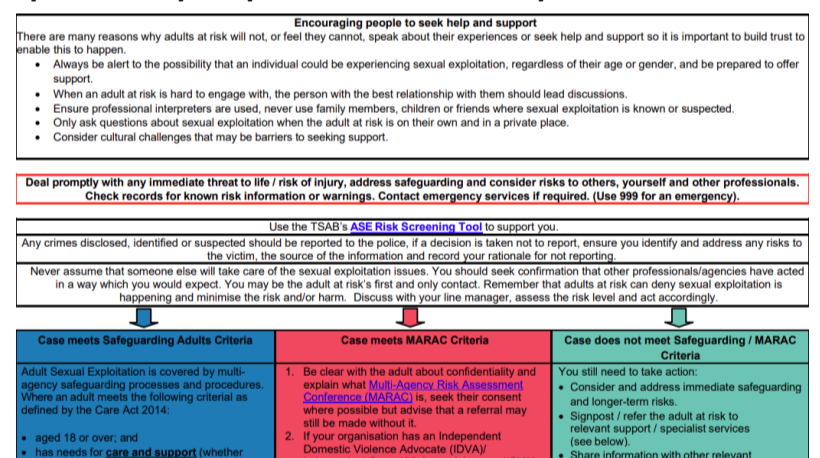
NEW - Adult Sexual Exploitation Toolkit for Professionals

Both locally and nationally it has been recognised there is a requirement for the development of processes and formal guidance in relation to the response to incidents of Adult Sexual Exploitation (ASE).

TSAB has developed a Toolkit, which includes a risk screening tool and referral pathway. It is intended to support partners and colleagues to recognise the signs of ASE, assess the associated risk factors and vulnerabilities, then take appropriate, proportionate steps to safeguard and support.

The new Toolkit will be launched during National Safeguarding Adults Week on Thursday 23 November, where the focus for the day will be [trauma informed practice](#).

From 23 November, professionals can access the Toolkit and supporting documents via the [TSAB website](#).



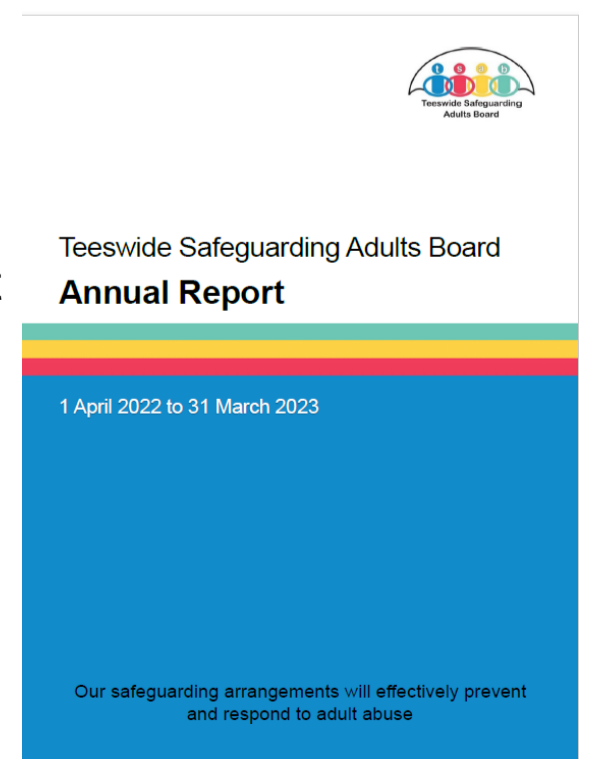
TSAB Annual Report 2022/23

Introducing the Report TSAB Independent Chair, Darren Best said:

“The work of TSAB and its many partner organisations has continued to be hugely complex and presented numerous challenges for the many dedicated people who commission, protect and provide services to some of the most vulnerable people in our communities”.

During 2022-23 the Board has continued to work closely with both statutory and voluntary sector partners to gain the reassurance that safeguarding issues are addressed effectively and appropriately”

Please share the [Annual Report](#) across your networks.



Safeguarding Adults Review (SAR) Reports

We have recently published two SAR Reports and Learning Briefings which are detailed below.

James - <https://www.tsab.org.uk/professionals/safeguarding-adult-review-sar-reports/>

James was 34 years old. He had a diagnosis of borderline learning disability, ADHD, dyslexia, type two diabetes and was hearing impaired. James had been subject to a considerable amount of trauma throughout his life and used alcohol and drugs to manage his trauma. James was supported by an informal carer and his sibling. In the last year of his life, James had been admitted to hospital with serious physical health conditions related to damage caused by excessive alcohol consumption. James sadly passed away from alcoholic ketoacidosis.

The SAR found examples of good practice and looked at how services worked together to support James. The following themes were identified:

- ✓ Professional response to trauma and James' response to agencies
- ✓ Substance misuse, mental and physical health
- ✓ Multi-agency working, safeguarding and self-neglect
- ✓ Mental Capacity
- ✓ Carer and family support



#CreatingALearningCulture



SK— <https://www.tsab.org.uk/professionals/safeguarding-adult-review-sar-reports/>

SK was a 53 year old man. He had a diagnosis of autism with features of Pathological Demand Avoidance (PDA). Following a significant bereavement, SK became depressed, leading to being detained under the Mental Health Act when he was 44. SK then moved to a residential care home. Three months before SK died, there was a significant change in his presentation and his physical and self-care deteriorated. SK sadly died due to a stroke, severe left ventricular dysfunction and associated Asperger's Syndrome and chronic kidney disease.

Again the SAR found examples of good practice, and looked at how services worked together to support SK. The following themes were identified:

- ✓ Supporting Autistic people
- ✓ Multi-agency working, safeguarding
- ✓ Self-neglect – recognising that this can occur in care settings
- ✓ Mental Capacity

Organisations are encouraged to review both SAR Reports and Learning Briefings to consider and apply the learning to their own practice.

Please circulate appropriately amongst your networks.

NEW Dedicated Learning Briefings Webpage

We have recently published a dedicated [Learning Briefings webpage](#). Our 7-minute briefings are a quick and simple way to share learning on various safeguarding topics, and will help teams and their managers discuss and reflect on their practice and systems.

Our most recent [Learning Briefing is on Fire Risks](#) can be viewed on our website.

Please share within your organisation.

National Safeguarding Adults Week

Safeguarding Adults Week is a time for organisations to come together to raise awareness of important safeguarding issues. The aim is to highlight key safeguarding issues, facilitate conversations and to raise awareness of safeguarding best practice.

The theme for Safeguarding Adults Week 2023 is:

‘how you can prioritise the welfare and wellbeing of yourself and others’

Each day of the week we will focus on a different safeguarding theme to explore how we can respond to contemporary safeguarding challenges.



Monday 20 November— What's My Role in Safeguarding Adults?

Tuesday 21 November— Let's Start Talking – Taking The Lead on Safeguarding in Your Organisation

Wednesday 22 November— Who Cares For The Carers? Secondary and Vicarious Trauma

Thursday 23 November— Adopting a Trauma Informed approach to Safeguarding Adults

Friday 24 November— Listen, Learn, Lead – Co-Production

TSAB has developed a detailed plan of activity including recommended social media posts to ensure consistent key messages. For more information and to find our detailed resource pack please visit our webpage: [National Safeguarding Adults Week 2023](https://www.tsab.org.uk) or visit Ann Craft Trust who are coordinating activity nationally.

MIND have a number of [FREE resources](#) to support staff in talking care of themselves and their mental health.

Spotlight On Modern Slavery and Sexual Exploitation Campaign

During October TSAB, the Cleveland Anti-Slavery Network and partners from both public and voluntary service organisations came together to share key messages and resources on Modern Slavery and Sexual Exploitation. If you missed it, all the resources including the Conference Recordings are available via our [dedicated campaign resources](#) webpage.

Thank you to everyone who attended the event and shared our messages throughout the week

HAVE YOUR SAY IN OUR ANNUAL SURVEY!

We want to hear from you to help us plan our priorities for 2024-25. Below you will find the links to our Annual Survey. Please share widely amongst your networks and where possible include in any internal/external publications. Please encourage colleagues, service users and carers to complete.

- [Professionals Survey](#)
- [General Public Survey](#)
- [Easy Read \(General Public\) Survey](#)



Spotlight on Social Prescribing

- Learning from Molly's—[Safeguarding Adult Review \(SAR\)](#)

How social prescribing can support people who have experienced trauma.

Molly was 25 years old when she died. She was a victim of child sexual abuse and sexual exploitation which continued into her adult life. Molly's mum said, "she was a very loving and giving girl who believed that everyone she met was her friend". Molly never understood she was being exploited. Survivors of abuse can experience trauma responses which may present as low self-esteem/self-worth, self-harm, engaging in high-risk behaviours (including substance misuse), find it difficult to express/understand their emotions or to understand positive relationships.

Molly knew that she was impacted by trauma - she did not want counselling but wanted to work on her low mood and self-esteem, but Molly was not able to attend her appointments. Due to ongoing accommodation issues and substance misuse, Molly was unsafe and did not have enough stability or time away from perpetrators which meant she was not able to work on building resilience and her recovery from trauma.

For so many reasons, it can be incredibly difficult for victims of abuse to talk about their experiences and sometimes traditional talking therapies may not be the best approach. Other things such as music, art, equine or nature therapies for example can greatly benefit people who have experienced trauma. Molly's mum said that she needed these types of therapies much earlier and needed to learn practical skills and have structure in her day.

What is Social Prescribing?

Social prescribing is a key component of [Universal Personalised Care](#) and part of the NHS Long Term plans commitment to personalised care. It is an approach that connects people to activities, groups, and services in their community to meet the practical, social, and emotional needs that affect their health and wellbeing. There are many different models for social prescribing, but most involve access to a link worker who works with individuals to access local sources of support and activity.



How Does it Work?

In social prescribing, local agencies such as charities, social care and health services refer people to a [social prescribing link worker](#). Social prescribing link workers give people time, focusing on 'what matters to me?' to coproduce a simple personalised [care and support plan](#) supporting people to take control of their health and wellbeing.

Social prescribing is an all-age, approach that works particularly well for people who:

- have one or more long term conditions.
- need support with low level mental health issues.
- are lonely or isolated.
- have complex social needs which affect their wellbeing.

How can individuals access social prescribing?

Though a large proportion of social prescribing referrals are made by GPs, people can be easily referred to local social prescribing link workers from a wide range of local agencies, including wider general practice, local authorities, pharmacies, multi-disciplinary teams, hospital discharge teams, allied health professionals, fire service, police, job centres, social care services and housing associations. Self-referral is also encouraged. You can self-refer by contacting your GP practice.

The [Find Support in Your Area](#) page provides further details of support services in Tees.

TSAB Training Courses Winter/Spring 2023/24

Our full list of Training Courses can be viewed via our [Course List](#) or request your place via the links below

Training Courses Winter/Spring 2023/24

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|---|--|--|
| <p>Section 42 Enquiry Training – Level 1</p> <p>Request A Place</p> | <p>The course aims to increase the knowledge of practitioners and managers who work with adults at risk in the purpose and function of a safeguarding enquiry, and to improve skills and confidence for conducting a safeguarding enquiry</p> | <p>Format: 1 Day – Face to face</p> <p>Venue: Inspire 2 Learn</p> <p>Course Date: 7th December 2023</p> |
| <p>Section 42 Enquiry Training – Level 2</p> <p>Request A Place</p> | <p>The content is suitable for professionally qualified and experienced staff involved with adults at risk who may be required to lead a complex safeguarding enquiry, which may include those where Court of Protection proceedings may be likely, where there may be a police investigation or in situations where there is institutional abuse. It is expected that delegates will already be undertaking enquiries</p> | <p>Format: 1 Day - Face to face</p> <p>Venue: Inspire 2 Learn</p> <p>Course Date: 17th January 2024</p> |
| <p>Adult Sexual & Criminal Exploitation</p> <p>Request A Place</p> | <p>The course is aimed at adult social care staff and multi-agency workers. It will help delegates understand what Adult Sexual and Adult Criminal Exploitation is, how vulnerable adults are targeted and multi-agency practice and responsibilities</p> | <p>Format: 1 x Full Day webinar session</p> <p>Course Dates: 9th January 2024</p> |
| <p>Safeguarding & Self-Neglect</p> <p>Request A Place (January)</p> <p>Request A Place (March)</p> | <p>The course aims to increase knowledge about Self-neglect, the impact that it can have on an individual and to increase understanding and confidence in the use of Local Risk Management policies.</p> | <p>Format: 2 x Half day webinar sessions</p> <p>Course Dates: 16th & 23rd January 2024 Or 14th & 21st March 2024</p> |
| <p>Safeguarding Vulnerable Dependent Drinkers</p> <p>Request A Place</p> | <p>Facilitated by Alcohol Change UK. The course aims to encourage and enable to use legal frameworks to manage and protect chronic dependent drinkers.</p> | <p>Format: 1 x Half day webinar session</p> <p>Course Dates: 18th January 2024 (am)</p> |

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| <p>Trauma Informed Practice Request A Place (January) Request A Place (February)</p> | <p>The course aims to equip those working with people who have symptoms of trauma to understand in more depth how adversity in childhood has affected them and how they can move on from it. It gives practical advice and insight into helping people grow from trauma.</p> | <p>Format: Half day webinar session</p> <p>Course Dates: 26th January 2024 Or 28th February 2024</p> |
| <p>Adult Safeguarding - Essential Legal Literacy Request A Place</p> | <p>To refresh knowledge and ensure a secure foundation of legal literacy for Safeguarding Adults work</p> | <p>Format: 1 x 2 Hour webinar session</p> <p>Course Date: 6th February 2024 (am)</p> |
| <p>Adult Safeguarding in a Multi-Agency Context Request A Place</p> | <p>To refresh and develop legal literacy around multi-agency working in the Safeguarding Adults context</p> | <p>Format: 1 x 2 Hour webinar session</p> <p>Course Date: 6th February 2024 (pm)</p> |
| <p>Safeguarding Adults Training for Managers of Services – Refresher Request A Place</p> | <p>To refresh registered managers knowledge of how to fulfil their responsibilities to safeguard adults.</p> <p>Please note that this is a refresher course which is designed for delegates that have already completed the full Safeguarding Adults Training for Managers of Services course previously.</p> | <p>Format: 1 x Full day webinar session</p> <p>Course Date: 7th February 2024</p> |
| <p>Aftercare under s.117 Mental Health Act Request A Place</p> | <p>To support staff in understanding s.117 responsibilities</p> | <p>Format: 1 x 2 Hour webinar session</p> <p>Course Date: 8th February 2024 (am)</p> |
| <p>Making Safeguarding Personal Request A Place</p> | <p>The course aims to equip practitioners and managers who work with adults at risk with the knowledge, skills and confidence, to ensure that all Safeguarding interventions are person centered, and include the person (or their advocate) in identifying and achieving their desired outcome.</p> | <p>Format: 2 x Half day webinar sessions</p> <p>Course Dates: 29th February & 7th March 2024</p> |
| <p>Adult Safeguarding – Complex Cases Request A Place</p> | <p>To support practitioners in applying learning from SARs and case law to complex adult safeguarding cases</p> | <p>Format: 2 x Half day webinar sessions</p> <p>Course Dates: 26th & 27th March 2024</p> |

Dates for the Diary

- ✓ **National Safeguarding Adults Week**— 20-24th November 2023
- ✓ **White Ribbon Day** - 25 November 2023
- ✓ **International Day to end Violence Against Sex Workers**— 17 December 2023
- ✓ **Human Trafficking Awareness Day** - 11th January 2024
- ✓ **Sexual Abuse & Sexual Violence Awareness Week**—5-11th February 2024



Stay, Safe and Warm Scheme

The [Cleveland Fire Brigade Stay Safe and Warm Scheme](#) is completely free and open to anyone living in Cleveland; no age restrictions apply. The scheme offers access to borrow heaters and other equipment as required (following a free home assessment). So whether it's a short-term issue, such as a boiler breakdown or an ongoing heating issue, they are available to help.



Safeguarding Children Partnerships Information

The Local Safeguarding Children Partnerships newsletters can be accessed here;

[Hartlepool & Stockton-On-Tees Safeguarding Children Partnership Newsletter](#)

[South Tees Safeguarding Children Partnership Newsletter](#)

Find Support in Your Area

The Board's website also sets out relevant [support services](#) by type of abuse and by each individual Borough across Tees. If you think someone with care & support needs is neglecting themselves you can contact your [Local Authority](#) or for hoarding matters your Environmental Health Office for advice. The list is not intended to be a definitive source of Information for all Service Providers.



Social Media and Website

We aim to share key messages from official sources via our social media channels as well as other communications.



@TeeswideSAB



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