 

The Public Health team at Stockton-on-Tees Borough Council are working with PCP’s Community Wellbeing Champions to better understand the impact of the Covid-19 pandemic on our local communities. We know that the past two years has affected people’s health and wellbeing in lots of different ways, and want to make sure that we can provide the best and most relevant support for Stockton-on-Tees residents going forward. For example, this might be through training, 2-way communications, health talks/Q&A sessions, community development or the planning and delivery of community health services/projects.

To help us do this, we would like you to please answer a few short questionsbelow:

Please let us know the first part of your postcode ……………………

1. The Covid-19 pandemic has affected us all. What, if any, health and wellbeing issues are people telling you that are still affecting them?
2. What health issues have arisen as a result of the Covid-19 pandemic in your community?
3. What groups, if any do you feel have been affected more than others as a result of the pandemic? And why do you feel these groups have been affected more? Please comment below.

|  |  |
| --- | --- |
| 0-19 age groups |  |
| People suffering from long term health conditions i.e. cancer, diabetes, dementia.  |  |
| Older age groups 70+ |  |
| Other (please specify) |  |

1. Are there any particular health and wellbeing topics or issues which affect your community you would like more information or help about? Please tick below.

|  |  |
| --- | --- |
| 0-19 age groups – this could be mental health, children weight issues, alcohol, early learning |  |
| Adult mental health |  |
| Adult smoking/alcohol issues |  |
| Physical health issues – weight/exercise |  |
| Drug misuse |  |
| Menopause |  |
| Isolation and loneliness |  |
| Other (please specify) |  |

1. We want to look at the way we communicate Public Health messages with our communities, you are best placed to tell us how your community would like to hear our messages. Please select from below

|  |  |
| --- | --- |
| Social Media – Facebook, Instagram, Twitter |  |
| Key Updates/Newsletters sent by email  |  |
| Key Updates/Newsletters – paper copies. |  |
| WhatsApp Group |  |
| Focus Groups |  |
| Other (please specify) |  |

1. We have provided lots of information and safety messages during the pandemic. What do you feel would motivate your community to listen, engage and take action?

**If you would like to join the ‘Stockton Community Wellbeing Champions’ as a champion to provide information, feedback and updates to your community and receive ‘Key Updates’ on a regular basis, have the chance to attend a monthly champions meeting with Public Health (we do understand you may not/don’t want to attend), and be part of amazing team of champions. Please provide your email address and we will be in touch!**

**Email\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Please email back to** **sccc@pcp.uk.net**

**Or post to Stockton Community Wellbeing Champions, PCP, Carers Way, Newton Aycliffe, DL5 4SF**

**Many thanks for your feedback.**