



Bee Happy

**“Our Health and
Wellbeing”**



**easy
read**

healthwatch

Stockton-on-Tees

People told us what makes them feel good and happy, or what has been hard or upsetting.

"I miss my friends, I don't see them anymore, it makes me feel sad."



*"My key worker and community nurse support me with feelings about relationships."
"My diabetes nurse helps me."*

*"More ramps needed everywhere."
"Better access to places for people like me who are in wheelchairs."*



"Nice people at North Tees Hospital. The doctors and nurses looked after me."

Outside of day services we would like to see:

1. More ramps for wheelchairs



WHEELCHAIR RAMP

2. More outdoor exercise activities such as walking and jogging groups



3. Friendly places to meet with friends and make new friends



4. More and better access to local activities and facilities for people with disabilities



5. Help to understand my health appointments and what is being talked about



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Baking



Read Books



Working

